

## Tennessee Babe Ruth Tournament Coaches Information

- Coaches Attire
  - TBALL and Softball
    - Khaki Shorts
    - Matching uniform top with players
    - Tennis shoes or turf shoes (NO sandals, crocs, or sanuk shoes)
    - Babe Ruth Patch on hat or shirt
  - Rookie, Minor, Major, Babe Ruth
    - Full matching uniform with the players including baseball game pants (Hot Jackets are Acceptable)
    - Tennis shoes or turf shoes ( NO sandals, crocs, or sanuk shoes)
    - Babe Ruth Patch on hat or shirt
- Bat Rules
  - Cal Ripken
    - Approved USA Stamp bats only
    - 2 5/8 inch barrel or smaller
    - NO USA STICKERS ALLOWED IN T-BALL
  - Babe Ruth
    - BBCOR bats or USA Stamp
    - 2 5/8 barrel
- Pitching Regulations
  - Coaches responsibility to keep up with number of pitches
  - Scorekeeper announcing number of pitches is a courtesy

TOURNAMENT PITCHING LIMITATIONS & REST REQUIREMENTS				
AGE GROUP	DAILY MAXIMUM LIMITATIONS* (PITCHES PER DAY)	REQUIRED REST PERIOD		
		0 Days	1 Day	2 Days
9-10	75	1-40	41-65	66+
11-12	85	1-40	41-65	66+
13-15	95	1-45	46-75	76+
16-18	105	1-45	46-75	76+

**Pitchers cannot pitch more than 2 consecutive days regardless of pitch count**

League President Signature \_\_\_\_\_

Head Coach Signature \_\_\_\_\_

Assistant Coach Signature \_\_\_\_\_

Assistant Coach Signature \_\_\_\_\_

Assistant Coach Signature \_\_\_\_\_

**ALL FOREFEITS WILL RESULT IN A \$100.00 FINE PAYABLE TO HOST SITE**